



*Welcome to Pravi Spa, an oasis of wellness nestled deep in the jungle and close to the gentle melody of a flowing river. Here, nature's healing powers and the fusion of traditional and modern techniques come together to offer you an unparalleled sense of well-being. Let us guide you on a journey of relaxation, rejuvenation, and rediscovery as you connect with nature and find inner harmony. Embrace the serenity and leave with a renewed spirit and a whole new perspective on life.*



# Spa Package Signature

## MAJESTIC PALACE CEREMONY 1.875.000/SINGLE ~ 3.300.000/ COUPLE 2.5 HOURS

*5~mins Rose foot ritual-50~mins Java experience massage-30~mins empress rejuvenation facial-30~mins Javanese body scrub-25~mins yogurt body polish-10~mins shower*

Indulge in the Majestic Palace Ceremony, a majestic tribute to Java's esteemed wellness combination with balinese traditions, inspired by the ancestral journey of royal brides. Embark on this opulent experience, commencing with welcoming of symbolic ceremony and revitalizing rose foot ritual to rejuvenate tired feet. As the resonant notes of a singing bowl fill the air, the journey unfolds with a soothing deep tissue massage, melting away muscle tension. Luxuriate in the radiance of an empress facial, illuminating your skin with a luminous glow. The ritual continues with a Javanese body scrub, gently exfoliating and renewing your skin, followed by a decadent application of yogurt polish. End of the treatment will be served with a young coconut drink to complete the ambience. Experience the epitome of indulgence and honor Java's wellness heritage in a regal celebration of self-care.

## PRAVI JOURNEY 2.250.000/SINGLE ~ 3.850.000/COUPLE 3 HOURS

*5~mins Rose foot ritual-60~mins aromatherapy massage-30~mins empress facial-30~mins green tea body scrub-45~mins nail beauty treatment-10~mins shower*

Inspired by a sweet memory during the honeymoon, those who have just celebrated their marriage will undoubtedly find the time to embark on a honeymoon, and this package is designed to make the experience even more complete. You and your partner can indulge yourselves and relax, rejuvenating your bodies. The package includes an Aromatherapy Massage to stimulate blood circulation, an empress facial to refresh your face, a green tea body scrub to eliminate dead skin cells, and the end the treatment will include a nail beauty treatment. As a special touch, the spa uses sacred spring water from a nearby holy spring for these treatments, which is believed to possess age-defying and rejuvenating properties.

## ORGANIC SEASONS 1.875.000/ SINGLE ~ 3.300.000/ COUPLE 2.5 HOURS

*5~mins Avocado foot ritual-50~mins Balinese massage-30~mins Organic facial-30~mins Organic body scrub-25~mins Organic body mask-10~mins shower*

The Indonesia archipelago runs along the equator and is blessed with a warm climate that is perfect for the cultivation of tropical fruit. There are many different varieties of fruits that not only taste good but also have amazing beauty benefits. Fresh fruits have long been used by local women as essential skin care products. As an example, avocado contains natural oils that penetrate deep into the skin to restore moisture levels. The Balinese orange is another favorite often used for brightening the skin due to its high level of vitamin c. Because of that this treatment will includes with avocado foot ritual, continued with Balinese massage to release the muscle tension, followed by organic facial to give the skin a radiant glow, continued with black coffee body scrub to exfoliate the dead skin cell and This session of personal pampering is finished with organic body mask using avocado and yogurt to soften the skin.

# Spa Package Signature

## PEACEFUL ENERGIZE

1.500.000/SINGLE ~ 2.250.000/ COUPLE 2 HOURS

*5~mins Green tea foot ritual-50~mins Deep tissue massage-30~mins foot rejuvenation-25~mins mud body mask-10~mins shower*

The treatment re-energizing the body and mind while releasing muscle stiffness, blood circulation and revitalizing the skin. This treatment will start with a green tea foot ritual to clean those weary toes of traveling. And completed with a deep tissue massage with long strokes and finger pressure to restore depleted energy levels, followed by a green tea scrub for an aromatic sensory experience and continued by a mud body polish to brighten and soften skin. The pampering session ends with a cup of herbal tea and some snacks.

## PRAVI SIGNATURE

1.500.000/ SINGLE ~ 2.250.000/ COUPLE 2 HOURS

*5~mins Lemongrass foot ritual-55~mins Balinese massage-30~mins Balinese Lulur body scrub-20~mins Balinese Boreh body wrap-10~mins Shower*

This is our signature treatment, which utilizes an ancient recipe designed to prevent colds during the rainy season. It involves a paste made from fresh herbs and spices, carefully applied to the body to enhance blood circulation and alleviate sore muscles. The indulgence begins with a lemongrass foot ritual, a Balinese massage to relieve the muscle tension continued with balinese Lulur to exfoliate the dead skin cell. The highlight of the treatment is the Boreh paste, a mixture of natural ingredients such as turmeric, ginger, clove, cinnamon, coriander, pepper, and nutmeg. And the ends as a special touch, we serve the Wedang Jahe to deep warm the body.

## BLISSFUL JUNGLE HEALING

2.500.000/SINGLE ~ 4.350.000/COUPLE 3 HOURS

*5~mins Lemongrass foot ritual-60~mins Yoga-45~mins Balinese Massage-60~mins Warm compress-10~mins shower*

The treatment is inspired by our natural place with a jungle view, which spa music is good for deep relaxing. And the package will be included in yoga with the Yoga Teacher. This package is good to calm down the emotions and to refresh the body and mind. A gentle foot wash is followed by back, neck, and shoulder massage which are good to release the muscle tension and then a warm compress filled with healing herbs is placed on different body parts to stimulate circulation and refresh the skin. The pampering session ends with a cup of herbal tea and some snacks.

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ALL PRICES ARE SUBJECT TO 12,5% GOVERNMENT TAX AND 10% SERVICE CHARGE





# Body Work - Massage

## BALINESE MASSAGE

750.000 / 60 MINUTES - ~~1.1200.000~~ 990.000 / 90 minutes

*This massage has been trusted and used for generations by the Balinese people to relax and relieve muscle tension after activities. Uses long strokes, firm thumbs and palm pressure techniques to stimulate circulation and restore energy levels.*

## DANCING FINGER

750.000 / 60 MINUTES - ~~1.1200.000~~ 990.000 / 90 minutes

*Full body massage with warm oil and aromatherapy while lying on your stomach . This massage uses gentle to moderate pressure techniques to restore positive energy, and will make you feel more alive by increasing blood circulation. Benefits: Deeply relaxes the mind and body while strengthening the spirit.*

## BAMBOO MASSAGE

1.130.000 /90 MINUTES

*Bamboo is known as a useful plant among the people. But not everyone knows another function of bamboo is for relaxation. This bamboo massage is good for relaxing the body, combined with Balinese massage movements that use thumb and palm pressure techniques to improve blood circulation and relieve muscle stiffness.*

## RIVER STONE

1.130.000 /90 MINUTES

*This unique full body massage combines Balinese massage, elbow ,and warm selected-stones to eliminate toxins, relieve stress and warm the body. Using this technique aims to increase the blood circulation of your body.*

# Body Work - Massage

## JAVANESE MASSAGE

1.130.000 /90 MINUTES

*This massage starts with a singing bowl to balance the 7 chakras in the body. Balancing the chakras will help the body, mind, and soul to relax and calm during the massage. This massage uses the traditional Javanese techniques with firm thumb, palm, knuckles pressure and elbow movement to stimulate blood flow and energy through the blood vessels.*

## BALINESE HERBAL COMPRESS

1.130.000 /90 MINUTES

*Indulge yourself with the aroma of spices filled with tamarind, ginger, cinnamon, and cloves to warm the body, relieve stress, increase energy levels, and improve blood circulation. This treatment is complemented by a back massage, using long thumb strokes and firm palm pressure technique to release muscle tension.*

## FOOT REJUVENATION

750.000/60 MINUTES

*Authentic Balinese reflexology uses the pressure point technique, an ancient healing therapy designed to cultivate balance throughout the body to awaken a deep sense of harmony. By applying pressure on specific points on the feet, as well as to stimulate the blood circulation and boost the calmness in the nervous system.*

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## Body Care

550.000 / 45 MINUTES

*Rejuvenate yourself with our signature body scrubs and body masks that allow you to be delicately polished away and emerge with a brand new healthy skin by throwing away the dullness of your skin. And the times includes with shower*

### JAVANESE BODY SCRUB

*This is a luxurious blend of sandalwood and turmeric. Blended by rice powder to cleanse, soften and rejuvenate the skin. Indulge with this traditional Javanese beauty-treatment that has been used by Royal Families for centuries.*

### GREEN TEA BODY SCRUB

*Inspired by Japanese green tea which can revitalize the skin. This treatment improves microcirculation and exfoliates the dead skin cell which is good for smoothing the skin and antioxidants.*

### HOLISTIC MOOR MUD

*Mud body masks fall into the category of skin healing agents, are good for improving blood circulation in the skin, cleaning the skin from dust and dirt, moisturizing and refreshing the skin, and making the skin brighter and softer.*

## Body Wrap

450.000 / 30 MINUTES

### BALINESE BOREH

*Has properties as a traditional medicine that can be used to warm the body, improve blood circulation, reduce muscle pain and can even be used as a body skin care. The basic ingredients of Boreh are rice powder, ginger, cinnamon, cloves, lemongrass and other spices.*

### NATURAL BODY MASK

*Feel the heat escape your sunburnt body with a blend of fresh cucumber, honey and yoghurt. and finish off with an application of lavender and aloe Vera gel for a soothing result.*





# Beauty Treatment

## REJUVENATING FACIAL

550.000 / 60 MINUTES

*Facial is a highly effective skin care treatment method for rejuvenating facial skin and addressing various issues, such as dull skin and blackheads. This heavenly facial will make you feel like a goddess, thanks to its ancient recipe combined with fresh products. Indulge in a relaxing facial treatment that focuses on acupressure points to release facial tension. Moreover, this treatment incorporates sacred spring water from a nearby spring, elevating the facial experience to a whole new level. The sacred spring water carries a sense of purity and divine energy, believed to possess age-defying and rejuvenating properties. By using the sacred spring water, the facial experience connects you to the natural world, enhancing the overall feeling of rejuvenation and renewal. You will leave the spa feeling refreshed and renewed.*

## ORGANIC FACIAL

650.000 / 75 MINUTES

*A well-done organic facial provides an excellent solution for addressing facial problems, utilizing products with fresh ingredients such as yogurt, honey, cucumber, and tomato extract. These natural elements effectively moisturize and nourish the skin. The treatment also includes a warm poultice to relax your muscles and concludes with the refreshing touch of chilled jade stones, which help to close pores. To further enhance the facial experience, we incorporate the use of sacred spring water. This water carries a sense of purity and sacredness, believed to possess anti-aging and rejuvenating properties. As a result, this facial will create a truly meaningful and transformative experience for you, leaving your skin feeling renewed and revitalized.*





# Beauty Treatment

## CLEOPATRA'S ROSE FACIAL

550.000 / 60 MINUTES

*Our Cleopatra facial is suitable for all skin types, featuring pure essential oils and plant extracts expertly massaged into your skin. The treatment includes a Guasha massage, which effectively tightens the skin. Additionally, the Cleopatra's rose product used during the facial soothes, nourishes, and balances your skin, leaving it radiant, healthier, and softer. To complement the experience, we offer a soothing hand and scalp massage. For this exceptional treatment, we incorporate sacred spring water sourced from our nearby spring. This infusion of sacred spring water not only enhances the rejuvenating effects of the facial but also connects you to ancient traditions and the sanctity of nature. The combination of our specialized techniques and the sacred spring water will leave you feeling revitalized and deeply connected to the natural world.*

## NATURAL MANICURE/PEDICURE

550.000/ 60 MINUTES

*This manicure or pedicure spa includes an aromatherapy soak, exfoliating scrub with gentle rub movement on the hand and feet, cuticle stimulation, nail shape and natural ingredients nail polish. includes by hand and arm massage using relaxation butter to soothe and moisturize the skin.*

## DELUXE MANICURE/PEDICURE

750.000/60 MINUTES

*This spa Deluxe manicure or Deluxe pedicure includes an aromatherapy soak, exfoliating scrub, cuticle stimulation, nail shape and Gel color. Followed by relaxing hand and arm massage with moisturizing cream.*

## NAIL EXTENSION

300.000/45 MINUTES

*The nail extension for ten fingers, exclude nail polish*

# Bath Rituals

*Bathing in warm water infused with fresh ingredients and scented essential oil has the power to cleanse and evoke a feeling of overall well-being*

## LUXURIOUS FLORAL MILK BATH

650.000/30 MINUTES

*Luxurious Royal bath infused with essential oils and exotic flower petals brings this romantic session to a memorable close.*

## KINTAMANI TANGERINE MILK BATH

650.000 /30 MINUTES

*Take delight in a detoxifying bath ritual that uses local Balinese lemons, oranges and cucumber in combination with Balinese flowers to stimulate the senses.*

## LEMONGRASS INFUSED MINT BATH

650.000 /30 MINUTES

*The lemongrass mint bath contains fresh products such as ginger, cloves, chopped lemongrass, mint leaves and chrysanthemum flowers for warm and deep relaxation.*

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